

HCO BULLETIN OF NOVEMBER 13, 1958

- Training Drills -

HCO was asked for a TR number for "Handling ARC Breaks and Opening and Closing a Session."

TR-16 is assigned to "Handling ARC Breaks". Below are TR-9 (b) and TR-9 (c) as contained in the unpublished Student Manuel.

- Number: Training 9 (b)
Name: Starting the Session
Command: No formalized command except that auditor must make sure that the pc is cognizant of the fact that a session has started.
Position: Auditor and pc seated a comfortable distance apart.
Purpose: To make known the beginning of a session so that no mistake as to its beginning is made. To differentiate between an assist (erasing a surface difficulty) and formalized auditing. To let both auditor and pc know that a session has started.
Training Stress: To bring about the purpose of this rudiment. To begin sessions, not just let them happen and when pc goes out of session to re-establish and start the session again. To demonstrate that if a pc doesn't realize that a session has started, he doesn't get audited and change consequently does not take place.
History: Developed by L. Ron Hubbard in London, England, in 1955.
- Number: Training 9 (c)
Name: Ending the Session
Commands: A gradient scale of two-way communication to "End of Session" first giving the pc adequate warning that the session is going to end shortly.
Position: Auditor and pc seated a comfortable distance apart.
Purpose: To make known the end of a session and prevent pc from being either stuck in a session or self-auditing. To end the cycle of action of being audited.
Training Stress: To teach the student the importance of ending the session of completing the cycle of auditing to the degree that the pc is cognizant of this. To illustrate that student will be left stuck on the time track if this isn't done or done too abruptly. To do this gradiently, warning the pc beforehand that it is going to end. To teach auditor not to end session where pc has somatic, dope-off or any restimulation brought about by use of a technique.
History: Developed by L. Ron Hubbard as parts of the Rudiments of Auditing in London, England, in 1955.

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